



Chamber Connections

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Cody Thompson
Community Trust Bank

Note from the desk of:
Executive Director,
Crystal L. McCall Ruark



I'd like to start this edition of our Chamber Connections by saying, Thank You. Thank you for allowing me the opportunity to service you and your businesses and organizations over the past twenty years. It has been a privilege and a pleasure to get to meet and work with so many wonderful people and to watch so many new businesses start up and to witness our seasoned businesses continue to thrive. Not everyone gets an opportunity to view such growth from this vantage point.

In the Chamber world we say, "If you been to one Chamber, you'd been to one Chamber." Because, every Chamber is unique to business industry and community to which they serve. I, for one, will be the first to say that the Fleming County Chamber of Commerce is one of the best because of our vested Members and Partners. From the support and participation you give to the programs we offer and your attendance at our FREE networking events, you make our Chamber one of the best in the state. Your support and involvement allows our Chamber to continue moving forward and extends us the opportunity to offer more services each year. Because of your investment and commitment I can not say thank you enough for allowing me to be able to serve our community in this role.

As we continue to move forward in 2025, I'd like to extend an invitation to each of you to come out and participate in as many of our programs and events as works with your schedules. My door is always open to have conversations on possible new business ventures, tours, programs or services that we may be able to offer to you, our businesses and the community as a whole. Feel free to stop by and talk with or reach out and I'll schedule a time to come by and meet with you. I have shared in the past that I truly appreciate your membership/partnerships but it is important to me that you feel like you are receiving value for your investment into the Chamber.

Haylee has filled this edition of the newsletter with multiple events and programs that will be taking place throughout March and April and the board and I do hope to see you at several of them.

If you have new products/services and/or resources that you'd like for us to share, please to not hesitate to reach out to myself or Haylee and we'll see that our membership is made aware. Whether is be job listing, change in contact information or hours of operations, special sales or program taking place at your business, maybe it's an announcement of a special award you have receive, let us help you celebrate those milestones by sharing it with our membership.

Again, thank you for allowing me to continue serving you and your business. I sincerely do appreciate having the opportunity to be an advocate for our businesses and promote our community.

Respectfully,
Crystal L. McCall Ruark
Executive Director

#FCChamber #SupportSmallBusiness #ShopLocalSupportLocal #SupportLocalBusinessOwners

March/April 2025

Fleming County Chamber Office

is located at:

165 W. Water Street, Flemingsburg, KY

Contact #: 606-845-1223

Website: www.flemingkychamber.com

Emails: crystal@flemingkychamber.com
haylee@flemingkychamber.com

Thank You!

Diamond Partners

City of Flemingsburg
Fleming County Fiscal Court

PLATINUM

Womack
Family
Farms



CHEAP CHEVROLET

GOLD



Carlisle
Contracting
LLC

TO OUR PARTNERS!

SILVER

Edward Jones[®]

BRONZE

**Baldwin CPA's
Military Adventure Camp at Camp Sousley**

COPPER

**DJE Construction
Double D Trailer Parts and Service
Emily B. Sapp Insurance
Family Medicine Associates of Flemingsburg
Fleming County Public Library
Golden Rule Vinyl Inc
Hypac Hydraulics
Michael R. Gray Funeral Home
Pollock Solutions
Story's Barbershop
The Hairloft**

New Members for 2025

Golden Rule Vinyl
Hazelrigg Appraisals

Returning Members for 2025

606 Sales & Events LLC—Gold Partner

A&L Homes
Ada June's Boutique
American Business Systems, Inc
American Red Cross
Anthony and Joan McGlone
Around Town

Baldwin CPA's— Bronze Partner

Be Still Massage & Wellness
Bethany Hicks Agency LLC
Brenda Plummer
Buffalo Trace Area Development District
Buffalo Trace CAC

Carlisle Contracting, LLC— Gold Partner

Century 21 Advantage Realty

Cheap Chevrolet— Platinum Partner

Chuck Marshall Auction & Real Estate Co.
Comprehend, Inc
Daniel & Edie Lewis
David and Carolyn McCall
District Judge Kim Leet Razor

DJE Construction— Copper Partner

Double D Trailer Parts and Services LLC— Copper Partner

Dynamic Restoration, LLC

Edward Jones—Silver Partner

El Caminante

Emily B. Sapp Insurance Inc— Copper Partner

Evening Shade Boutique

Family Medicine Associates of Flemingsburg— Copper Partner

Farm House Blessings
FarmCredit Mid-America
Farmers Home Mutual Association of Fleming County
FCA-TV
First Choice Animal Clinic
Fleming County Animal Hospital
Fleming County Cooperative Extension
Fleming County EMS
Fleming County Farm Bureau
Fleming County Farmers Market
Fleming County Health Department and Fitness Center
Fleming County Hospital Foundation
Fleming County Kiwanis Club
Fleming County Museum Society

Fleming County Public Library— Copper Partner

Fleming County PVA Office
Fleming County Schools
Fleming County Sheriff

Fleming County Water Association— Gold Partner

Fleming Shopper

Fleming-Mason Energy— Platinum Partner

Flemingsburg Baptist Church
Flemingsburg Dental Care
Flemingsburg Gazette
Flemingsburg Lions Club
Flemingsburg Medical Clinic
Flemingsburg-Fleming County Industrial Development Authority
Franklin Sousley Post VFW 1834
Frontier Housing
Grimes Landscaping
Haymark Farmstays
Hazelrigg Appraisals

Hilman Industries Inc— Platinum Partner

Hinton Mills— Gold Partner

Hospice of Hope Inc
Hutton Funeral Home

Hypac Hydraulics— Copper Partner

Industrial Field Maintenance— Gold Partner

Jill's Spare Thyme Treats, Catering, and More
Jim and Claudia Clark
Jimmy Hall Trees and Shrubs
Johnson Brothers, Inc
Kens Fresh Foods
Kent W. Kalb D.M.D
Kentucky Welding Institute
Ledger Independent
LeighAnn's Cream Candy & Creative Confections
Licking Valley Community Action Program
Little Caesars
Masters Acres
Maysville Community and Technical College

Michael R. Gray Funeral Home— Copper Partner

Military Adventure Camp Inc— Bronze Partner

Naylor Orthodontics

Peoples Bank of Kentucky Inc— Platinum Partner

Pollock Solutions Unlocking Services— Copper Partner

R&W Dumpster Service
Ridley Block Operations
Ridley USA, Inc
Rigdon Retrievers & The Retreat
Rips Farm Center, Inc
Riverside Plastics, Inc
Rose Farm Supply LLC
Scott & Linda Manning
Seki Feeder, Inc
Simplex Tax and Accounting
Sims Dairy Queen
Smoker Friendly Express Mart #3
Southern States Flemingsburg Cooperative
Spotlight Realty
Stephen Miller
Steve's Ace Hardware

Story Realty & Auction LLC— Gold Partner

Story's Barbershop— Copper Partner

Sunset Farm Wedding Venue
The Buffalo Trace CASA Program
The Good Shepherds Printing Service

The Hairloft LLC— Copper Partner

The Hinton Agency LLC
The ION Center for Violence Prevention
The Picket Fence of Flemingsburg
The Wells Group, LLC
Thompson Bros. Construction LLC
Thompson Bros. Farms
Tire World of Flemingsburg
Todd and Robin Walton
Toyo Seat USA
V&V Catering, LLC
Wendy's
WFLE Radio
Windy Ridge Acres

Womack Farms— Platinum Partner

Woodie & Ginny Reeves

Yoders Dinner Bell Market— Gold Partner

*** Members who joined after February 28th will be in the next newsletter for May/June***

Are you taking advantage of the extra benefits associated with your membership in the Chamber?



The following are programs Members have an opportunity to participate in:

- **Chamber Advance Employer offers Health Insurance** through Anthem.... Give the Hinton Agency a call to learn more!
- **Discounts on Workers Comp. Coverage** through ClearPath Reach out to the Kentucky Chamber to learn more!
- **Discount on Office Supplies** through Staples!
- **Chamber Gift Check Program**

*Free for Members to participate in, sign up at the Chamber office

Be sure to take full advantage of your investment in the Chamber.



FLEMING COUNTY CHAMBER OF COMMERCE

FLEMING COUNTY, KENTUCKY

165 W. Water St., Flemingsburg, KY 41041

606-845-1223

information@flemingkychamber.com
crystale@flemingkychamber.com
haylee@flemingkychamber.com

The mission of the Fleming County Chamber of Commerce is to be the bridge which provides information, opportunity, and business development for its invested members and the community.

WHO WE ARE

We were founded in 1958 and now after 65 years, we support over 180 local businesses, organizations, and individuals through community services, education, and promotion.

We are a membership organization that serves as a collective voice to drive solutions for a thriving community. We create exclusive access, networking, and professional development opportunities to grow your business and employees year-round.

10 Reasons to Join the Chamber!



2025 3rd Annual Donna Fryman Healthy at Work Walking Challenge
March 3rd – March 30th, 2025

The Fleming County Chamber of Commerce will be partnering with the Fleming County Cooperative Extension Office to host our 3rd Annual Healthy at Work Walking Challenge from March 3rd – March 30th.

Teams will consist of 4 - 6 Team Members and you will need a Team Captain as well as a Team Name. Mark your calendars, get your team together, lace up those shoes and join us in this FUN AND HEALTHY competition while you're out stepping through town!

Join us by calling today to get your team signed up 606-845-4641 Katie does have some pedometers at the Extension office for those in need of a tracker.

The deadline to register will be Friday, February 28th at 12pm.

This is a FREE challenge is open to all employers, organizations and groups

Weekly prizes will be awarded!!

For more information, contact the Fleming County Extension Office of the University of Kentucky Cooperative Extension Service by calling (606) 845-4641 or katie.fryman@uky.edu

Business Over Breakfast was rescheduled to Tuesday, March 4th so be sure to see the next Newsletter for how the event went!

Our first **Food and Facts Luncheon** will be on Thursday, April 24th from 11:30—1:00pm. Stay tuned for more details to come on that!

Moonlight on Main will be on Saturday, April 26th at 6:00 pm. The Flemingsburg Tourism will have more details on that so stay tuned for more information to come on how to purchase tickets.

THU, MAR 20
2-8 P.M.
& FRI, MAR 21
8 A.M.-2 P.M.

MCTC Rowan Campus
400 Rocky Adkins Tech Drive
Morehead, KY

EMBARKING ON CAREERS IN TECHNOLOGY

WOMEN IN COMPUTING CONFERENCE 2025

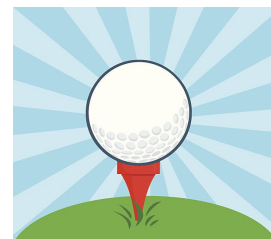
More Info: kyccwic.org

acm-w  MCTC

Save the Date:

Saturday, June 28th 2025

Fleming County Chamber of Commerce Annual Golf Scramble will be held at the Fleming County Golf Course.



More Details to come soon!

Connections over Coffee

The Fleming County Chamber of Commerce held the first **Connections over Coffee** for 2025 on Friday, January 17th at Peoples Bank of Kentucky, Windsor Branch. It was a very successful networking event! We would like to say thank you to **Peoples Bank of Kentucky & Betsy Case** for sponsoring our first Connections over Coffee for 2025.

Thank you also to Jill Vice with AdVice Media for assisting with the marketing for the event and to Becky McDowell with Just Because for the delicious food. Thank you as well to the 23 individuals who stopped by People's Bank of Kentucky on Windsor Drive to participate in the Fleming County Chamber's Free Networking Event. It was so great to see 15 different businesses and/or organizations in attendance to kick off the New Year.



JOIN US FOR...

Connections Over Coffee

FRIDAY, MARCH 21ST

7:30 A.M - 9:00 A.M

Thank you to the City of
Flemingsburg for sponsoring our
March Coffee Talk!



If you would like to sponsor a Coffee Talk in the future,
contact the Chamber Office: [606-845-1223](tel:606-845-1223)

140 NEWMAN PARK WAY, FLEMINGSBURG, KY 41041

We invite you to
join us at our next
Connections over
Coffee Event on
Friday, March
21st!

This is a free event
and will be held at
City Hall. Thank
you to the City of
Flemingsburg for

**Are you a Chamber Business
who is in need of additional employees?**

Reach out to us with your information so we can get you added to our weekly
"Wake Up & Work" email list and social media posts.

We generate a list of businesses that are hiring within our community and region not only to assist our businesses with finding the right employee but to educate those seeking a new job as to whose hiring.

To ensure that your open positions are included in our **"Wake up and Work"**
email them to: haylee@flemingkychamber.com

****Reminder: Once you have filled your positions, please let us know so that we can removed your business from the list.**

Thank You to Fleming County Extension Agent, Katie Fryman for inviting Chamber Staff to participate in the Women's Heart Health Awareness Program.

From great information provided by our guest speakers, to the blood pressure checks, information on mental health and delicious snacks, a good time was had by all in attendance.



Explore Fleming County

Seeking new members/volunteers to join us in promoting the many assets we have here in Flemingsburg/Fleming County From Covered Bridges, Murals, Barn Quilts, Historic Building and Architecture, walking trails and so much more. Our next meeting will be held at the Chamber office.

165 W. Water Street, Flemingsburg
Wednesday, March 12th @ 8:30 am



Are you staying up-to-date on the many events, activities and happening taking place in our community and especially with our Chamber Businesses and Organizations?

We invite you to not only check out our online calendar of events at: www.flemingkychamber.com but to also tune into **WFLE 95.1 FM** and listen to **'Our Town'** to learn more. **The Fleming County Chamber of Commerce's** segment of airs on **"Our Town"** on the First Friday of each month at roughly 10:00 a.m.



Follow us as well in the **Fleming Shopper**, **Flemingsburg Gazette**, **Ledger Independent**, **WFLE Radio**, **FCA-TV** as well as our **Facebook** page...

Fleming County Chamber of Commerce

Fleming County Chamber Businesses who are accepting Chamber Gift Checks

Ada June's Boutique
 A.W. Graham Lumber, LLC
 Be Still Massage & Wellness
 Buffalo Trace Surveying, LLC
 ByPass Total Car Care
 Café de Morales
 Cheap Chevrolet
 City of Flemingsburg
 Community Trust Bank (Main Office Only)
 Creativity Yours Salon
 Donna J. Hendrix, CPA PSC
 Double D Trailer Parts and Services
 Double S. Entertainment/JB's Grill
 Doyle Family Produce
 Evening Shade Boutique
 Explore Fleming County
 Farm House Blessings
 First Choice Animal Clinic
 Fizer's Carpet
 Fleming-Mason Energy
 Fleming County Activity & Education Center
 Fleming County Hospital
 Fleming County Golf Association
 Fleming County Public Library
 Fleming County Water Association
 Flemingsburg Giovanni's
 Flemingsburg Lions Club
 Hinton Mills (Flemingsburg only)
 Hypac Hydraulics
 Jent's Tire and Lube
 Jill's Spare Thyme Treats, Catering, & More

Jimmy Hall Trees & Shrubs
 Ken's Fresh Foods
 Kentucky True
 Lasting Impressions Flowers & Gifts
 LeighAnn's Cream Candy & Creative Confections
 McDonald's of Flemingsburg
 Masters Acres
 Ole Seasons Shoppe
 Pollock Solutions
 R & W Dumpster Service
 Rigdon Retrievers & The Retreat
 Rose Farm Supply
 Save-a-lot
 Shear Style Hair Salon
 Simplex Tax and Accounting
 Sims Dairy Queen
 Sloan's Paint & Wallpaper
 Southern States
 Steve's Ace Hardware
 Story's Barbershop
 Stonegate Rentals
 The Hairloft
 The Picket Fence of Flemingsburg
 Tire World of Flemingsburg
 Total Care Pharmacy—Clark & Main St.
 Triple G. Quality Meats
 Truly Blessed Boutique
 V & V Catering LLC
 ValleyView Service
 WFLE Radio—95.1 FM
 Yoder's Dinner Bell Market



Another Awesome Chamber Benefit

Are you participating in this program? If not, Why?

The **Fleming County Chamber Gift Check Program** is a **FREE** program to any/all Chamber Members who wish to participate in! **Chamber Gift Checks** can be redeemed at over 60 Chamber Business which are listed above towards the purchase of a Good and/or Service.

Example: If you receive \$25 in Chamber Gift Check and use it at any location above that accepts Chamber Gift Checks, then the business gets to deposit that check in their business account as if it were a personal check. The person spending/paying with the gift checks aren't out anything! It becomes a win-win situation for both parties.

Disclaimer: The Fleming County Chamber of Commerce does NOT profit from the Gift Checks Program. All money goes directly towards the business(es) in which the gift checks are used.

NOTE: It is our recommendation that if someone uses a Gift Check with your business and they do not use the entire amount, that you offer them a store credit/gift card for the remaining balance. This is just a recommendation as this program was designed to support local Chamber Businesses and if you are giving back change, there's no guarantee that the remaining balance will be spent locally. If someone purchases, for an example, a Walmart Gift Card they can only use that gift at Walmart and Walmart does not give back cash on monies remaining on their card. Again, this is only our recommendation. As a business owner you're free to handle the remaining balance from the gift check as you see best.



MOREHEAD-ROWAN COUNTY
CHAMBER
of **COMMERCE**

March 25-26, 2025

Morehead Conference Center 111 E. First Street, Morehead, KY

 presented by:
**Kentucky
Career Center**
Career Training Employer
TENCO



Link has been emailed out as well. Please let us know if you need us to resend it for registration.

<https://business.moreheadchamber.com/calendar/Details/northeast-kentucky-regional-workforce-conference-presented-by-kentucky-career-centers-tenco-1274623?sourceTypeId=Hub>

Are you ready to shape the future of Northeast Kentucky's workforce?

Join us at the Northeast Kentucky Regional Workforce Conference on March 25-26, 2025, where educators, policymakers, and industry leaders in Human Resources, will gather to discuss the latest trends, challenges, and opportunities in workforce development.

(KYSHRM accredited 13 Credits)



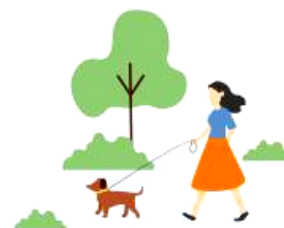
UK Cooperative
Extension Service

2025 DONNA FRYMAN HEALTHY @ WORK WALKING CHALLENGE

DAY	DATE	DISTANCE OR STEPS	THOUGHTS
1	03/03		
2	03/04		
3	03/05		
4	03/06		
5	03/07		
6	03/08		
7	03/09		
8	03/10		
9	03/11		
10	03/12		
11	03/13		
12	03/14		
13	03/15		
14	03/16		
15	03/17		
16	03/18		
17	03/19		
18	03/20		
19	03/21		
20	03/22		
21	03/23		
22	03/24		
23	03/25		
24	03/26		
25	03/27		
26	03/28		
27	03/29		
28	03/30		

CHECK ONE THAT APPLIES TO YOUR CHALLENGE
Increase steps taken per day
Walk 10,000 steps per day
Walk 20,000 steps per day
Other: _____

YOUR GOALS FOR THIS CHALLENGE:
Complete the walking challenge
Meet my personal goals
Become more aware of how much I am moving daily
Feel better about myself
Make at least one healthy lifestyle change
Other: _____



NAME:

CONTACT INFORMATION:

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities
accommodated
with prior notification.



SPRING INTO OPPORTUNITY

CAREER & RESOURCE FAIR



DATE

Thursday, March 20



TIME

11 AM TO 2 PM



Double S Entertainment

150 Foster St.

Flemingsburg, KY 41041

Register your business
by scanning the
QR code below.



For more information,
contact KCC - Maysville
at 606.564.3347.



 **Kentucky
Career Center**
Career Training Employer
TENCO

A proud partner of the americanjobcenter network



CPR/First Aid Training Class



**Fleming County Chamber of Commerce
and Fleming County EMS**



will be hosting 4 Separate Non-Medical
CPR and First Aid Training Classes
American Safety and Health 2 year Certification

SELECT ONLY 1 DATE

Certification

Date: **Tuesday, March 11th, 2025**

Time: 9am to 1pm (end time will depend on class size)

Location: Fleming County EMS Building on the bypass

Instructor: **Colton McCann**, Paramedic/EMS Instructor

Cost: \$55 per participant



Certification

Date: **Tuesday, June 3rd, 2025**

Time: 9am to 1pm (end time will depend on class size)

Location: Fleming County EMS Building on the bypass

Instructor: **Colton McCann**, Paramedic/EMS Instructor

Cost: \$55 per participant

Certification

Date: **Thursday, August 7th 2025**

Time: 9am to 1pm (end time will depend on class size)

Location: Fleming County EMS Building on the bypass

Instructor: **Colton McCann**, Paramedic/EMS Instructor

Cost: \$55 per participant



Certification

Date: **Thursday, November 13th 2025**

Time: 9am to 1pm (end time will depend on class size)

Location: Fleming County EMS Building on the bypass

Instructor: **Colton McCann**, Paramedic/EMS Instructor

Cost: \$55 per participant

To get signed up for one of these
upcoming training sessions

Call the Fleming County Chamber

606-845-1223

Class sizes are limited to 10 person max

**Advance payment required / We can
invoice your place of employment if needed
No Refunds**

Upcoming Events



The Fleming County Covered Bridge Museum will be closed until March

For a full Calendar of Events, please check out the Fleming County Chamber of Commerce website at:
www.flemingkychamber.com

March:

4th: Business over Breakfast @ FME—7 am
5th: Chamber Directors Meeting @ 9am
7th: FCCLA Competition @ MCTC
9th: Daylight Savings Time
10th: City Council @ 6pm
11th: Fiscal Court @ 9am
11th: CPR First Aid Training Class @ 9am—1pm
12th: Explore FC Meeting @ 8:30 am
17th: St. Patrick's Day
19th: Record w/ WFLE @ 2pm
20th: Job Fair @ Double S Entertainment 11am-2pm
21st: Connections over Coffee @ City from 7:30am-9am
25th-26th: Northeastern Regional Workforce Conference @ Morehead Conference Center
27th: 5th grade Reality Store

April:

2nd: Chamber Directors Meeting @ 9am
8th: Fiscal Court @ 9am
9th: Explore FC Meeting @ 8:30 am
14th: City Council Meeting @ 6pm
16th: Licking Valley Adventures Tourism Meeting @ 8:30 am
18th: Good Friday, Office closes @ 1pm
20th: Easter Sunday
22nd: Women's Conference by Morehead Chamber
23rd: Administrative Assistant Day
23rd: Interagency Meeting at Library @ 1pm
23rd: Record w/ WFLE @ 2pm
24th: Food and Facts Luncheon from 11:30am—1:00pm
26th: Historic Church Tour 10-2
26th: Moonlight on Main @ 6pm
28th: Program at Senior Citizen Center w/ Extension Office

5 Reasons to Join Your Local Chamber



Opportunities and resources



Access to information



Networking



Publicity and credibility



Advocacy

#SupportYourLocalChamber



Kentucky Chamber



Kentucky chamber of commerce executives

Follow our Facebook Pages:

- Fleming County Chamber of Commerce
 - Discover Flemingsburg
- Sparkle & Shine, It's Christmas Time
 - Fleming County Jobs
- Kentucky Covered Wooden Bridge Trail
- Fleming County Work-Ready Community
 - Explore Fleming County

Follow our other social media sites:

Instagram: @flemingkychamber

Website: www.flemingkychamber.com

YouTube: @flemingcountychamberofcommerce